

# VALENTINE'S DAY LOVE LETTERS

During this month of love, I would like to encourage you to do at least 4 random acts of love.

Valentine's Day is not just for lovers, it is for all LOVE. Let us recognize that love comes in many forms and should be celebrated as often as possible.

Join us today in dropping these simple love letters as reminders for others that they are so very loved in this world.

## How-To

- Download this PDF
- Using white card stock (or any paper you have), print this page.
- Cut out love letters.
- If you'd like, write a loving message or inspirational quote on the back.
- As you go about your day, leave behind these love letters as a reminder for others to know that they are loved.

“Unexpected kindness is the most powerful, least costly, and most underrated agent of human change. Kindness that catches us by surprise brings out the best in our natures.”

Bob Kerrey

I hope that this day brings your heart an abundance of love and that you rest with the realization that you are truly and deeply loved.

Happy Valentine's Day.

xoxo,

Nicole Ahr

Founder - The Love Letter Library

you are loved 

#STOPDROPANDLOVELETTER

you are loved 

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#STOPDROPANDLOVELETTER